

1 **WHEREAS**, teens and adults who consume one or more sodas or sugar sweetened beverages
2 per day are more likely to be overweight or obese; and

3 **WHEREAS**, foods and beverages of minimal nutritional value are marketed extensively; and

4 **WHEREAS**, the City of Huntington Park is committed to spending public funds to promote
5 the public’s health and welfare, including the health and welfare of children and families; and

6 **WHEREAS**, the City Council has jurisdiction over municipal facilities and programs serving
7 employees and residents where they consume food and beverages; and

8 **WHEREAS** it is in the City’s interest to use its facilities and programs to promote and
9 support health.

10 **NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF HUNTINGTON**
11 **PARK DOES HEREBY RESOLVE AS FOLLOWS:**

12 **SECTION 1:** That all food and beverages funded by the City and provided or sold in City
13 facilities, including, but not limited to, youth-oriented programs, recreation centers, pools, libraries,
14 parks, and community centers shall meet the following guidelines:

15 a) Food Snacks: 100% of snack foods provided or sold through vending machines or any
16 other means shall meet the following criteria:

- 17 1) Snack food items shall have no more than:
- 18 i. 35% of its calories from total fat
 - 19 ii. 10% of its calories from saturated fat
 - 20 iii. 35% sugar by weight
 - 21 iv. 250 calories per individual food item
 - 22 v. The following snack foods shall be exempt from meeting the above
23 nutrition standards, except for the limit of 250 calories or less: Nuts, nut
24 butters (such as peanut butter), seeds (such as sunflower seeds), legumes
25 (beans), eggs, cheese, and fruits/vegetables that have not been deep fried
26 and do not contain added sugars or fat

27 2) Snack food items shall not contain any trans fat.

28 3) Snack food items shall emphasize fruit, vegetables, whole grains, and nonfat or

1 low fat dairy products.

2 4) All vending machines that sell snack food items shall contain:

3 i. At least one snack item that has no more 360 mg of sodium per serving or
4 per portion

5 ii. At least one item that meets the Food and Drug Administration (FDA)
6 definition of “low sodium” with less than 140 mg per serving or portion

7 iii. At least one item that contains a minimum of two grams of dietary fiber

8 b) Beverages: 100% of beverages provided or sold through vending machines or any
9 other means shall be as follows:

10 1) Water

11 2) Fruit or vegetable based containing at least 50-100 percent real juice without
12 added caloric sweeteners

13 3) Milk products that are 1% (low fat), or nonfat

14 4) Non-dairy milk products such as soy, rice, and other similar milks

15 5) Drinks with no more than 50 calories per 20-ounce container (or 2.5 calories per
16 each ounce of serving)

17 **SECTION 2:** Future procurement and/or vendor contracts for the provision of food and
18 beverages to be provided and/or sold through vending machines or any other means within City
19 facilities, at City functions and sponsored events shall include a provision stipulating that all food and
20 beverages to be purchased or provided through contracts shall meet the City’s Nutrition Guidelines
21 outlined above.

22 **SECTION 3:** To assist in the implementation of this Resolution, the City Council shall
23 designate appropriate City staff, in collaboration with health organizations, to disseminate
24 information regarding the above nutrition standards. The designated City staff shall be responsible
25 for monitoring compliance with this policy.

26 **SECTION 3:** This Resolution shall become effective July 1, 2011.

27 **SECTION 4:** The City Clerk shall certify to the adoption of this Resolution.
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PASSED, APPROVED, AND ADOPTED this 6th day of June, 2011.

Ofelia Hernandez, Mayor

ATTEST:

Rosanna Ramirez, City Clerk