



Central California
REGIONAL OBESITY
PREVENTION PROGRAM
Healthy Environments • Healthy Choices • Healthy People



Department of Public Health
www.fcdph.org



California Project LEAN (Leaders Encouraging Activity and Nutrition) (CPL) is a program of the California Department of Public Health. CPL works to advance nutrition and physical activity policy in schools and communities to prevent obesity and its associated chronic diseases. Efforts are centered around youth and parent empowerment approaches, policy and environmental change strategies, and community-based solutions that improve nutrition and physical activity environments. For more information, visit www.CaliforniaProjectLEAN.org.

The Central Valley Health & Nutrition Collaborative (CVHNC) is composed of over 100 Health and Nutrition-related partner organizations and more than 250 individuals who are committed to the health of residents in Mariposa, Merced, Madera, Fresno, Tulare, Kings, and Kern counties. The CVHNC brings organizations together to address regional health concerns through policy, prevention and intervention activities. For more information, visit www.CVHNC.org.

The **Central California Regional Obesity Prevention Program** (CCROPP) helps create healthier communities in the San Joaquin Valley that support healthy eating and active living. CCROPP focuses on two major initiatives: Increasing Access to Healthy Foods and Beverages and Improving Opportunities for Physical Activity. For more information, please call 559.228.2140 or visit www.ccropp.org.

The **Fresno County Department of Public Health** (FCDPH) is the promotion, preservation and protection of the community's health. FCDPH accomplishes this through identifying community health needs, assuring the availability of quality health services and providing effective leadership in developing public health policies. FCDPH is committed to working in partnership with communities to eliminate health disparities. For more information, visit www.fcdph.org.

The **City of Visalia Parks & Recreation Department** is tasked with improving the quality of life for the citizens of Visalia by providing exceptional parks, places, programs and services at a

good value to our taxpayers and customers and by preserving and protecting our City's natural resources. The Department oversees nearly 40 City parks, four community centers, a golf course, numerous waterways and trails, Visalia's urban forest and a wide menu of programs, activities and special events designed for all ages of the community. For more information, visit http://www.ci.visalia.ca.us/depts/parks_n_recreation/default.asp.

The **Earlimart School District** provides a high-quality, rigorous, instructional program for all students in a nurturing environment that will prepare all to be productive members in their communities and in the greater society. The school district includes two elementary schools and one middle school in the Tulare County community of Earlimart. For more information, visit <http://www.earlimart.org/>.